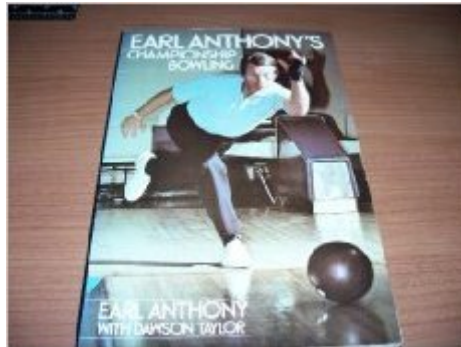




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# Earl Anthony's Championship Bowling



## Synopsis

Book by Anthony, Earl, Taylor, Dawson

## Book Information

Paperback: 226 pages

Publisher: Contemporary Books (October 1983)

Language: English

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Average Customer Review: 4.6 out of 5 stars 5 customer reviews

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## Customer Reviews

Book by Anthony, Earl, Taylor, Dawson

Easy to read book on the correct technique for bowling. Gives the reader the correct way to make spares, and strikes. This is the first bowling book, and I own many, that describes the important "lift" of the fingers and how to perform it. Other bowling books use the word "lift", but do not describe what that means and how to do it. Earl Anthony refers to this "finger lift" at the moment of release as the "finger squeeze" technique. The squeeze provides a powerful heavy roll of the bowling ball that tends to destroy the pins instead of weakly deflecting off the pins. The squeeze causes the bowling ball to drive through the headpin hitting the important "king pin" which is the 5 pin. Earl Anthony knows what he is talking about for he won the most tournaments in the history of the PBA in the least amount of years. Walter Ray Williams recently won more life-time tournaments, but took twice as many years, twenty, in which to surpass Earl who bowled professionally off and on for just ten years.

Excellent

Earl Anthony was the greatest bowler of all time, in my opinion. He won 41 P.B.A. titles, 2 A.B.C.

Masters titles, and 7 Senior Tour titles. Ranking second is Walter Ray Williams, Jr. So let Anthony teach you how to bowl. This book was written by a lefthander, but a lot of the negatives of the pictures were flipped so it appears that Anthony is bowling right-handed. I received Earl Anthony's Championship Bowling for Christmas in 1984. Great book. With co-author Dawson Taylor, Anthony teaches the basics - footwork, timing, armswing, release, follow-through, and the mental game. He also teaches spare shooting, including split making. Specifically, Anthony talks about The Seven Fundamentals of Championship Bowling - relaxation, rhythm and timing, squareness to the line and ability to hit the target, correct ball fit and ball balance, application of squeeze action, consistent wrist action and full follow-through, and speed control. I learned a lot by reading this book. The secret to bowling well is fundamentals, believe me. Not some fancy bowling ball with a half ounce of side weight or some fancy wrist device. FUNDAMENTALS. He also talks about how to correct faults in your game, how to practice, and one of my favorite topics of all - THE ETIQUETTE OF BOWLING. Yes, that's right - PROPER ETIQUETTE. How many of you serious bowlers out there have been DISTRACTED by people who don't know proper bowling etiquette? You know what I mean - you're practicing and you're on the approach ready to take your first step and some idiot on the lane next to you runs up there with total disregard for you and distracts you, forcing you to step off the approach and start your routine all over again. And the saddest thing of all is that this idiot doesn't even know that they distracted you. They're totally oblivious to it. It happens to every bowler. When this happens to me, I almost turn into Marshall Holman. It drives me NUTS. Holman is one of the greatest bowlers of all time and a fierce competitor and I don't blame him one bit for all the times he got distracted on television. I can relate to it. So there.....this chapter makes Earl Anthony's Championship Bowling a COMPLETE book that really is all you need to learn how to bowl and improve your game. Myself, I'm a self-taught bowler with an unorthodox style (almost a carbon copy of Holman's game), but I periodically refer back to this book whenever I'm in a little slump or just need a refresher course. I highly recommend this great book.

Old book written by Champion Earl Anthony covers the bowling "how to's". A little outdated but very informative. Throughout the book Earl gives very specific advice and details for throwing a great ball with the proper form. But in the end, he says however unconventional your style is, if it works then stick with it. So I am.

no complaints

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